

LPFS-BF

Report which of the following statements apply to you. Only circle 'yes' if this has been the case for at least a year.

1	I often do not know who I really am	Yes/No
2	I often think very negatively about myself	Yes/No
3	My emotions change without me having a grip on them	Yes/No
4	I have clear aims in my life and succeed in achieving those	Yes/No
5	I often do not understand my own thoughts and feelings	Yes/No
6	I am often very strict with myself	Yes/No
7	I often have difficulty understanding the thoughts and feelings of others	Yes/No
8	I often find it hard to tolerate it when others have a different opinion	Yes /No
9	I often do not fully understand why my behavior has a certain effect on others	Yes/No
10	My relationships and friendships never last long	Yes/No
11	There is almost no one who is really close to me	Yes/No
12	I often do not succeed in working cooperatively with others in an equal way	Yes/No